



**COMMONWEALTH of VIRGINIA**  
**Department of Education**

June 21, 2013

TO: Division Superintendents

FROM: Patricia I. Wright, Superintendent of Public Instruction

**SUBJECT: Eating Disorders Awareness**

The purpose of this memorandum is to inform you that guidance for eating disorders awareness in the public school setting is now available. The 2013 Virginia General Assembly passed HB 1406 requiring school boards to provide, on an annual basis, parent educational information regarding eating disorders for pupils in grades five through twelve.

Guidelines established by the Virginia Department of Health in collaboration with the Virginia Department of Education (VDOE) and stakeholders identified in the legislation are available on the health and medical section of the VDOE Web site at: [http://www.doe.virginia.gov/support/health\\_medical/index.shtml](http://www.doe.virginia.gov/support/health_medical/index.shtml), under the heading, "Eating Disorders Awareness in the Public School Setting." In addition, a sample parent information letter, notice of eating disorder screening/opt-out form, and a report of eating disorder screening form have been provided as resources for school division use.

Should you have any questions, please contact Tia Campbell, school health specialist, at 804-786-8671, or by e-mail at [tia.campbell@doe.virginia.gov](mailto:tia.campbell@doe.virginia.gov).

PIW/TC