

SOCIAL-EMOTIONAL SUPPORTS ACROSS VIRGINIA

**Statewide Webinar
Presented by VDOE, Child
Development Resources, and
UVA-CASTL**

September 28, 2022



VIRGINIA DEPARTMENT OF EDUCATION

WELCOME!

Please share a little about yourself. There are 4 poll questions:

1. **What is your professional role** (e.g., early childhood educator, coordinator/administrator, trainer/workshop presenter, consultant, higher education faculty/professor, or other)?
2. **Which age group of young children do you serve, directly or by virtue of support for early childhood educators** (infant/toddler, preschool, mixed-ages, K-3, or other)?
3. **What type of program do you work in or serve** (family day home, private child care center, VECF Mixed Delivery, VPI, Head Start, ECSE, multiple, or unsure)?
4. **Which [Ready Region](#) do you work in or serve** (RR1- Southwest, RR2- West, RR3- Southside, RR4-Central, RR5- Southeastern, RR6- Chesapeake Bay, RR7- Capitol, RR8- North Central, RR9- Blue Ridge, or multiple)?

OBJECTIVES AND AGENDA

During today's presentation, participants will:

- Increase their understanding of Virginia's vision to ensure *all* children enter school ready
- Learn about the array of social-emotional supports available to publicly-funded birth to five programs for the 2022-2023 year

Agenda

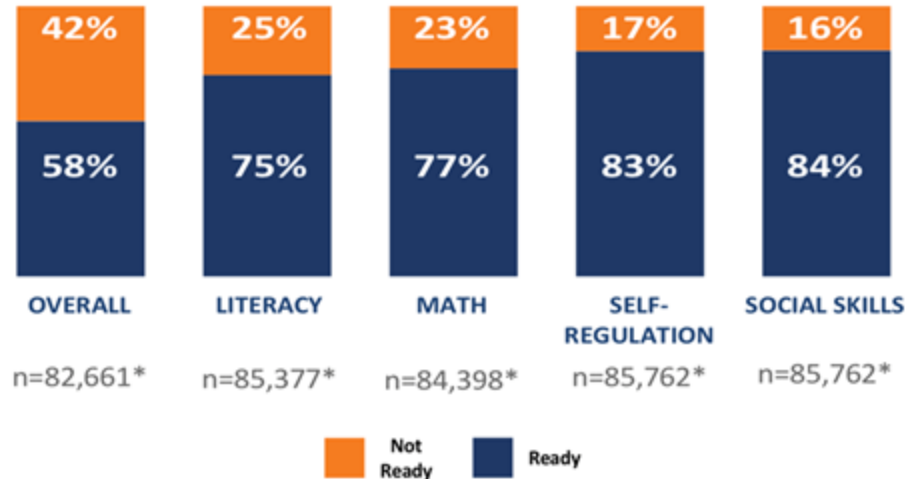
1. Virginia's Shared Challenges and Vision for the Future
2. Social-Emotional Supports for Virginia's Birth-Five Educators and Leaders
 - a. Infant Toddler Behavior Consultation (ITBC)
 - b. Early Childhood Mental Health Consultation (ECMHC)
 - c. Advancing Effective Interactions and Instruction (AEII)
3. Service Options
4. Questions

Shared Challenges

SCHOOL READINESS IN FALL 2021

Fall 2021 VKRP data show the impact of COVID 19 on Virginia's youngest learners. More than 21,000 Virginia kindergarteners are at serious risk of reading failure, in the absence of intervention.

VKRP Fall 2021-22 Kindergarten Readiness Results



PERSISTENT DISPARITIES IN READINESS

Greater percentages of historically underrepresented children began the school year below the overall readiness benchmark including:

- 52% of Black students, and 60% of Hispanic students
- 56% of students from low-income backgrounds
- 67% of English language/Multilingual learners
- 64% of students identified as having a disability

Preschool Matters for Readiness

Students from low-income families who attend public preschool are more likely to be categorized as ready, compared to their peers who do not attend preschool.



49% of preschool attenders are categorized as ready, compared to **34% of non-attenders** categorized as ready.

A CLOSER LOOK AT WELL-BEING DATA

- Teachers reported being **moderately, very, or extremely concerned** about mental health and social-emotional well-being for about 13% of kindergarten students in both fall 2021 and spring 2022.
- In both fall of 2021 and spring of 2022, students whose teachers were concerned for their mental health well-being were much more likely to *not* meet the overall and domain specific benchmarks.

Students whose teachers reported having significant mental health well-being concerns were much more likely to:

Not meet the overall
readiness benchmark



Be below benchmarks
academically, in Literacy and Math



Be below benchmarks in
Self-Regulation and Social Skills

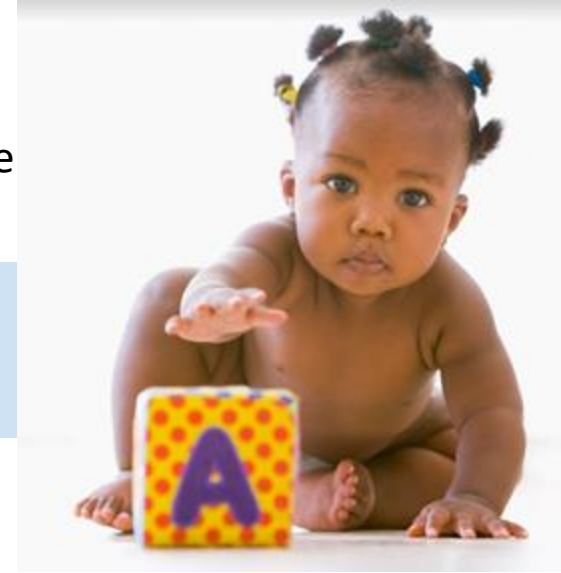


Shared Vision for the Future

OUR SHARED VISION

We envision a Virginia where *all* children have the opportunity to enter school ready.

- All families have affordable access to and support to choose the option that meets their unique needs.
- **All early childhood programs that take public funds benefit from measurement and supports for improvement, ensuring quality choices are available for all families.**
- Programs are rewarded for continual improvement and educators are competitively compensated.
- Overall Virginia's early childhood system is unified, data-driven and resource-effective so families can work, go to school or pursue employment and children have every opportunity to be successful.



VQB5 COORDINATION

Virginia's unified quality measurement and improvement system, VQB5, supports state efforts to ensure ALL children have access to high quality early learning programs that enable them to maximize their potential.

- As of July 1st, Ready Regions are responsible for the coordination, accountability, and family engagement for early childhood programs.
- Ready Regions were selected through a competitive process supported by Virginia Early Childhood Foundation.
- Ready Regions will be responsible for the local coordination and implementation of VQB5, including facilitating access to quality supports.



Virginia's Social-Emotional Supports

Infant Toddler Behavior Consultation (ITBC)
Early Childhood Mental Health Consultation (ECMHC) Pilot
Advancing Effective Interactions and Instruction (AEII)

Infant Toddler Behavior Consultation (ITBC)





ITBC

social, emotional and behavioral supports

ITBC helps early care **providers** learn how to encourage **infants** and **toddlers** to express and regulate emotions, solve problems, and develop **positive relationships**. The long term **goals** are to assist children in developing **secure attachments**, prepare for academic success, help **prevent challenging behavior** and later mental health risks.

ITBC Service Delivery Models:

- **Child & Family Focused Consultation** offers observations, screenings, diverse, equitable and inclusive strategies, individualized SE plans and referrals
- **Classroom Focused Consultation** offers observation, data reports, collaborative analysis and development of the SE plan, strength based strategies, outcomes evaluation and continuum of support
- **Programmatic Consultation** offers intake, needs assessment, collaborative goal development & action planning and implementation of SE supports



ITBC Offers a Tiered System of Support

Tier 1. Promotion - build capacity and infrastructure

ITBC Consultants provide relevant training and technical assistance to increase workforce competencies

Tier 2. Prevention - target social emotional supports

ITBC Consultants provide consultation and coaching to foster nurturing relationships and high quality supportive environments

Tier 3. Intervention - intensive interventions

ITBC Consultants provide individualized consultation and coaching for children experiencing social emotional concerns and/or demonstrating challenging behaviors

As a VDOE Improvement Partner, ITBC provides targeted supports for improving teacher-child interactions and professional development options for the VQB5 programs and their priority classrooms.

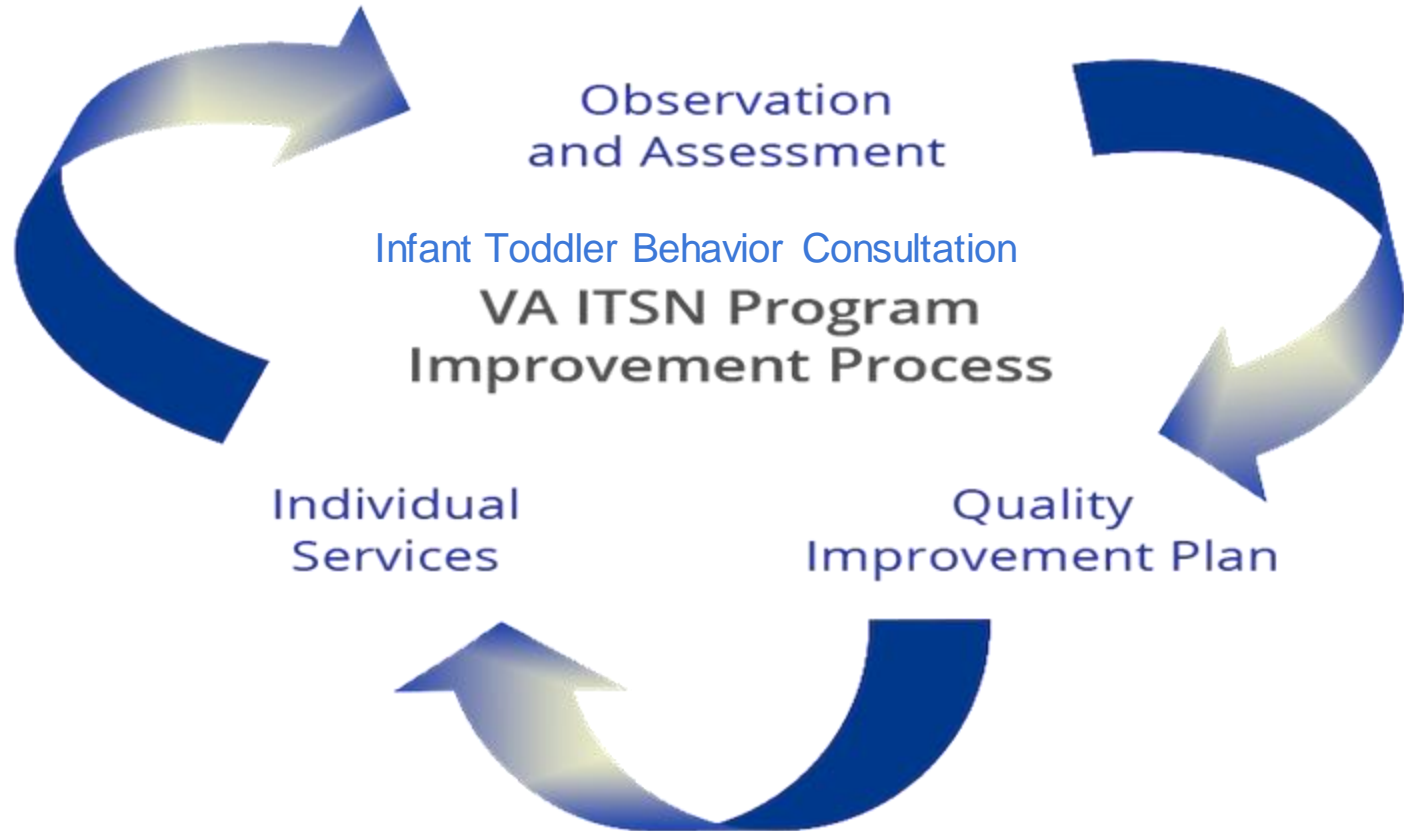
The ITBC approach aligns with Infant and Toddler **CLASS** Domains:

Behavior Consultants are **CLASS** certified and offer **coaching** specific to improving instructional practices focused on teacher-child interactions, as measured by **CLASS**, resulting in improved child outcomes.

Behavior Consultants support quality of care and education by offering early care providers: **technical assistance**, **training** and **resources** specific to their improvement needs.

Infant Toddler Behavior Consultation

social, emotional and behavioral supports



Where Can ITBC Serve?

**Consultants are available throughout
the state of Virginia!**



Contact us for individualized
and comprehensive support!



Sarah Haynesworth
ITBC Project Coordinator
757-345-2832 ext 172
sarahh@cdr.org

For more information, please visit our website
<https://va-itsnetwork.org/behavior-consultants/>



Early Childhood Mental Health Consultation (ECMHC) Pilot

What is Virginia Early Childhood Mental Health Consultation (ECMHC)?

The Virginia ECMHC program **helps early childhood teachers and families promote young children's healthy social-emotional development skills**, like expressing emotions, forming relationships with others, and successfully engaging in the classroom or learning space.

Teachers and families may need extra support to promote children's social-emotional skills due to disruptions from the COVID-19 pandemic.



ECMHC Service Areas (2022-2023)

Albemarle County, Charles City County, Charlottesville City, Chesterfield County, Colonial Heights City, Goochland County, Hanover County, Henrico County, New Kent County, Petersburg City, Powhatan County, and Richmond City

Programs that receive public funds – including but not limited to childcare subsidy, VPI, and Head Start/Early Head Start funding – will be prioritized for services.



What Does ECMHC Look Like?

ECMHC involves **collaborative, one-on-one coaching with early childhood teachers** based on identified needs. Consultants **support teachers** to effectively **implement evidence-based social-emotional learning (SEL) strategies** with children using a Practice-Based Coaching format.

We take referrals for both **child & classroom concerns**. In some cases, consultants will also meet directly with **families**. Consultants work with teachers and do not provide services directly to children.



ECMHC Formats are Flexible!

Service Lengths <i>individualized based on need & teacher request!</i>		
Brief	Typical	Extended
~8 weeks	~12 weeks	~16 weeks

- ***In-person, virtual, and hybrid*** formats
- ***Flexible timing for teacher meetings*** (e.g. every week or every-other week at a time of day that works for teachers & programs!)
- ***Family sessions*** also available for child-focused consultation (~1-3 sessions)

Benefits of ECMHC

For Teachers & Children



- **Promote children's healthy social-emotional development** *in Early Care and Education programs*
- **Address challenging behaviors** from one child or a few children
- Address possible trauma, anxious or withdrawn behaviors
- Manage teachers' feelings of **stress or burn-out**
- Support children's **kindergarten readiness**
- Improve **teacher-child interactions**
- Improve **communication with family**

For Families & Children

- **Promote children's healthy social-emotional development** *at home*
- **Prevent suspension, expulsion, and withdrawal of their child** from their ECCE program
- Increase **understanding of mental health** ages birth to five
- Provide families **strategy resources to use at home**
- Connect families to **community resources**
- Improve **communication with teacher**



Developmental Milestones

Children's Behaviors - Infants & Toddlers		
Birth - 9 months	8 - 18 months	16 - 36 months
Respond to attentive caregiving by quieting or calming down	Look to familiar adults for assistance and guidance with actions and behavior	Begin to manage and adjust actions and behaviors with the guidance of familiar adults

<https://ecevirginia.org/early-childhood-education/ece-resource-hub/fostering-core-skills/regulate/supporting-behavior-infant-toddler/>

https://ecevirginia.org/wp-content/uploads/2021/09/Toddler_Regulate_Managing-Behaviors.pdf

Developmental Milestones

Children's Behaviors – Preschoolers

36 - 48 months

Ability to manage own actions, words, and behavior with frequent adult support (e.g., reminders to use gentle touches).

Frequently engage in impulsive behavior, but inhibit them when directly supported by adults.

Follow simple rules & routines with assistance from adults

48 - 60 months

Ability to manage own actions, words, and behavior with adult support

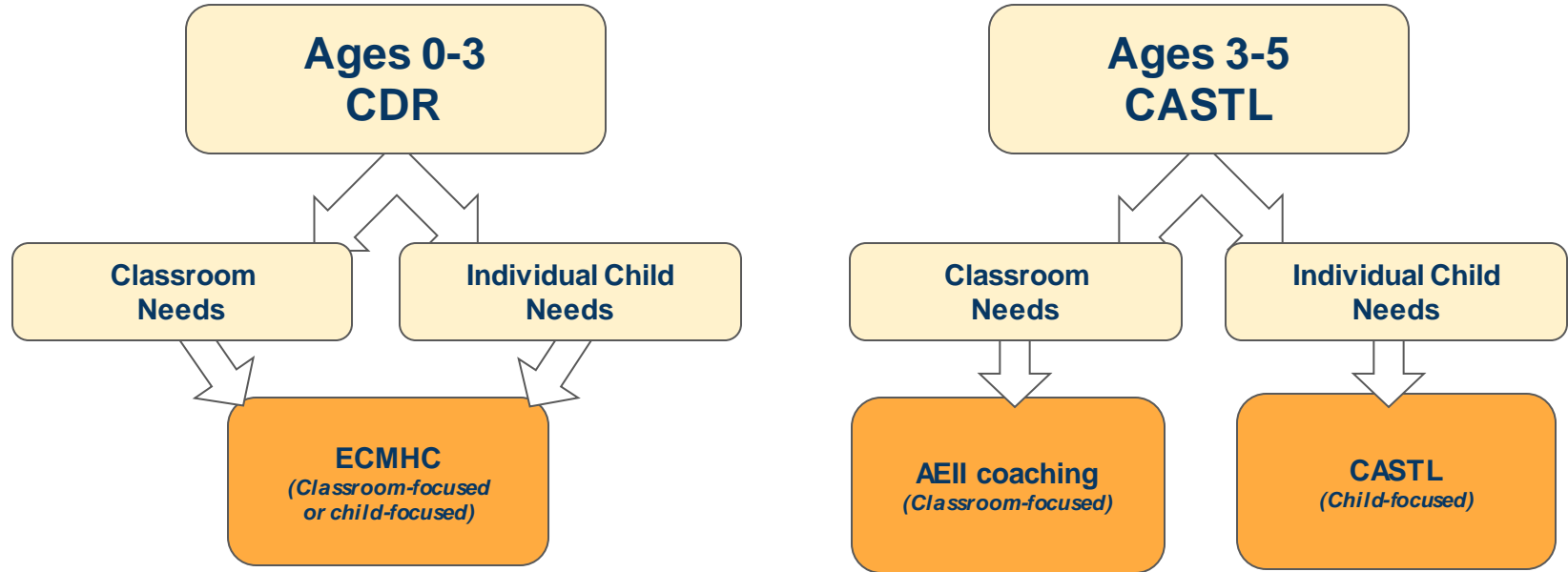
Has control over actions and words in response to a challenging situation

Ability to wait for a turn

Begin to understand the consequences of behavior

Usually follow classroom rules and routines with occasional reminders from adults

ECMHC Pilot



What Can We Do for You?



To learn more about ECMHC services or make a referral, please visit our website:

<https://va-ecmhc.org>



Contact Us!

CDR (birth-3 years)	UVA-CASTL (3-5 years)
757-208-0288	434-373-0616
lynnettew@cdr.org	rs2ar@virginia.edu

Advancing Effective Interactions & Instruction (AEII) Coaching



SCHOOL of EDUCATION
and HUMAN DEVELOPMENT
CASTL

What is AEII Coaching?

AEII provides **individualized** coaching to **birth-to-five** teachers **across Virginia** through **virtual**, video-based sessions intended to strengthen their **social-emotional teaching practices** and teacher-child interactions. There are six topics to choose from:



Social-Emotional Learning Topics
Building Teacher-Child Relationships
Developing Empathy and Sense of Self
Supporting Children's Emotions
Supporting Children's Behavior
Strengthening Peer Relationships
Promoting Social Problem-Solving

What does AEl Coaching Look Like?



Virtually meet with coach and co-create plans
(e.g. bi-weekly or on a flexible schedule)



Video-record your practices, whenever possible.



Reflect & receive supportive feedback from your
coach

AEII Gives Teachers Voice and Choice!

AEII Coaching Tracks		
Accelerated	Regular	Extended
<ul style="list-style-type: none">➤ ~6 weeks➤ Meet weekly➤ 2 topics	<ul style="list-style-type: none">➤ ~8 weeks➤ Meet bi-weekly➤ 2 topics	<ul style="list-style-type: none">➤ ~12 weeks➤ Meet bi-weekly➤ 3+ topics

Teachers choose their track at the start of coaching...and can switch tracks at any time!

Why AEII Coaching?

AEII Coaches:

- Are **flexible**
- Support **teachers' well-being**
- Provide **individualized** video-based sessions
- Build on **teachers' strengths**
- Provide video feedback & resources aligned with **CLASS® tools**



ECE Resource Hub

An online resource hub with PD resources for Birth-to-Five, covering our social-emotional topics.



COVID-19
Adaptations



Considering
Equity



Targeted
Strategies



Family
Connections



Trauma-
Informed Care

Sign-up for AEI Coaching!



We are here for you & your children!

Sign up here!

Open your device's camera & point it at the QR code. It will automatically scan it and show you the sign-up link



Check out our website or contact Dr. Tara Scott for more information:



www.aeiionline.org



mat6ze@virginia.edu

Service Options

What are my choices of services?

Questions You May Have

- Which agency/agencies provide the service(s)?
- Who receives these free services?
- Where are the services available in 2022-2023?
- What do the services look like (formats/ length of service)?
- How can I request services or learn more?



	ITBC	ECMHC Pilot	AEII Coaching
Agency(ies) providing services	ITSN	CDR & CASTL	CASTL
Who receives services? (at no cost)	Teachers and families of children ages 0-36 months in childcare centers and family day homes	Teachers and families of children ages 0-5 ages 0-3 served by CDR, ages 3-5 served by CASTL	Teachers of children ages 0-5
Where are services available in 2022-2023?	Statewide	The Greater Richmond area and Albemarle County	Statewide
What do services look like?	Child-and-classroom focused consultation on social-emotional practices including screenings, referrals, parent trainings, improvement plans, coaching and inclusion supports	Child-and-classroom focused consultation including coaching on social-emotional practices; family connections and referrals	Classroom-focused coaching on social-emotional practices and interactions
Service formats	In-person (also available virtual and hybrid)	In-person, virtual, hybrid	Virtual
Service lengths	~12 sessions individual based on need	Three Flexible Options: ~8 weeks ~12 weeks Up to 16 weeks	Three Flexible Options: ~6 weeks ~8 weeks Up to 10 weeks
Where to learn more or request services	ITSN websites: https://va-itsnetwork.org	ECMHC website: https://va-ecmhc.org/	AEII website: https://aeiionline.org/

Download the 1-page **handout** for today's webinar here:

<https://virginia.box.com/s/l598fbv3inrf3lxvwcd0qc6n2j628j8l>

Upcoming Events!

Meet our consultants/coaches and ask questions

Getting to Know ECMHC sessions: offerings & registration link below

Wednesday, October 5th	Thursday, October 6th	Tuesday, October 11th	Thursday, October 20th	Monday, November 7th	Thursday, November 10th
1:00-1:30 PM	12:00-12:30 PM	12:00-12:30 PM	4:00-4:30 PM	9:00-9:30 AM	12:00-12:30 PM
Register here for any session					

Getting to Know AEI Coaching sessions:

If you would like to set up a session, please contact Brianna Jaworski (bl9xa@virginia.edu)

Still not sure what to choose?

Never hesitate to contact any of us to help you pick the right support or supports for you!



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READY
REGIONS

Questions