



## COMMONWEALTH of VIRGINIA

### DEPARTMENT OF EDUCATION

DATE: May 25, 2023

TO: Division Superintendents

FROM: Dr. Lisa Coons, Superintendent of Public Instruction

SUBJECT: **Virginia Health and Physical Activity Institute, July 9 – 12, 2023**

The Virginia Department of Education extends an invitation to all administrators and teachers to attend and be presenters at the Healthy Kids, Healthy Virginia [2023 Health and Physical Activity Institute](#), which will be held **July 9-12, 2023**, at James Madison University in Harrisonburg, Virginia. Information on [registration](#) and the [Call for Presenters form](#) for the Health and Physical Activity Institute are available online. Additional workshops are held in conjunction prior to the start of the Institute, which are detailed below.

The Department and the [Virginia Association of Health, Physical Education, Recreation and Dance](#) support the Health and Physical Activity Institute, which provides an opportunity for teachers to share new and innovative teaching and learning practices and consists of a variety of engaging workshops and general sessions. The primary objective of the initiative is to improve the quality of health and physical education instruction and provide support for implementing the Virginia Board of Education standards of learning for health and physical education, which enhance the wellness and educational performance of Virginia's students.

Participants who attend the entire institute (**Monday, July 10th through Wednesday, July 12th**) will receive a certificate of completion from the Department of Education documenting 30 hours of professional development.

Several [pre-Institute workshops](#) are held on **Sunday, July 9, 2023**, including First Aid/CPR/AED Instructor Training and the Bicycle Education Certification Course, as well as the Virginia Association of Driver Education and Traffic Safety (VADETS) conference. The VADETS conference provides resources and supports for the implementing the [2022 Driver Education Standards of Learning](#) and Curriculum Guide. Registration for the VADETS conference can be found [here](#).

Registration for the Institute is open but limited until capacity is met, which may occur prior to July 1st. Enrollment is only guaranteed when payment is confirmed.

For information or questions, please contact:

Topic	Staff Name	Email	Phone Number
2023 Health and Physical Activity Institute; VADETS Conference	Vanessa Wigand	<a href="mailto:Vanessa.Wigand@doe.virginia.gov">Vanessa.Wigand@doe.virginia.gov</a>	804-225-3300

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