

# North America

## Geographic Regions

### KEY TO REGIONS

- A. Coastal Plain**
- B. Appalachian Mts.**  
Includes the Piedmont and Interior Low Plateaus and Mountains
- C. Canadian Shield**
- D. Interior Lowlands**
- E. Great Plains**
- F. Rocky Mts.**
- G. Basin and Range**  
Includes Columbia and Colorado Plateaus, plus the Sierra Nevadas and Cascades
- H. Coastal Ranges**

