# Career and Technical Education

# High-Quality Work-Based Learning Opportunities in Virginia

Career and Technical Education (CTE) High-Quality Work-Based Learning (HQWBL) comprises experiences related to students’ career interests based on instructional preparation and take place in partnership with local businesses or organizations. CTE HQWBL enables students to apply classroom instruction in a real-world work environment. CTE HQWBL promotes the following:

* Career awareness
* Career exploration
* Career preparation

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| **CTE HQWBL Experience** | **Suggested Grade Levels** | **Related CTE Instruction** | **Training Agreement** | **Training Plan** | **Minimum Duration** | **Paid Option** | **When associated with a  high school course** | | |
| **Credit Option** | **Meets Graduation Requirement** | **CCCRI** |
| **Job Shadowing** | 6-12 | **ü** | **ü** |  | Varies by type |  |  |  |  |
| **Service Learning** | 6-12 | **ü** | **ü** |  | Varies by type |  |  | **ü** | **ü** |
| **Externship** | 6-12 | **ü** | **ü** |  | 40 hours |  |  | **ü**  (at least 40 hours) | **ü**  (at least 40 hours) |
| **School-Based Enterprise** | 6-12 | **ü** | **ü** |  | Course duration | **ü** |  | **ü** | **ü** |
| **Mentorship** | 6-12 | **ü** | **ü** |  | Course duration or 140 hours for .5 credit option |  | **ü** | **ü**  (at least 140 hours) | **ü** (at least 140 hours) |
| **Internship** | 11-12 | **ü** | **ü** | **ü** | Course duration or 280 hours for 1 credit option | **ü** | **ü** | **ü** | **ü** |
| **Entrepreneurship** | 11-12 | **ü** | **ü** | **ü** | Course duration or 280 hours for 1 credit option | **ü** | **ü** | **ü** | **ü** |
| **Cooperative Education** | 11-12 | **ü** | **ü** | **ü** | 280 hours for 1 credit option | **ü** | **ü** | **ü** | **ü** |
| **SAE (Immersion)** | 9-12 | **ü** | **ü** | **ü** | 280 hours for 1 credit option | **ü** | **ü** | **ü** | **ü** |
| **Clinical Experience** | 11-12 | **ü** | **ü** |  | Varies by type |  |  | **ü** | **ü** |
| **Youth Registered Apprenticeship** | 11-12 | **ü** | **ü** |  | 280 hours for 1 credit option | **ü** | **ü** | **ü** | **ü** |
| **Registered Apprenticeship** | 11-12 | **ü** | **ü** |  | 144 hours RTI per 2,000 hours OJT | **ü** |  | **ü** | **ü** |

There are 12 CTE HQWBL experiences offered in Virginia. This summary page offers a quick checklist guide for each experience.

Refer to the Career and Technical Education High Quality Work-Based Learning Guide to explore each experience in more detail.