Summit on Better Serving Students with Emotional Disabilities: A Virginia Plan Virginia Department of Education

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References and Evidence-based Practices

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Evidence-based Practices

- 1) A climate that supports successful teaching and learning
- 2) A program of peer-mediated intervention to promote positive behavior skills
- 3) A conflict resolution program
- 4) An anger management program
- 5) Social skills instruction taught as part of regular class instruction
- 6) Mental health services as appropriate
- 7) A behavior support/management plan as appropriate
- 8) A system of positive behavior support
- 9) Academic supports and curricular/instructional modifications
- 10) Specialized instruction to promote learning and study skills
- 11) A crisis intervention plan for emergency situations
- 12) Materials that reflect gender, cultural, and linguistic differences among students
- 13) The use of peer-reinforcement to promote appropriate student behavior
- 14) Instruction in self-monitoring of student academic performance
- 15) Instruction in self-monitoring of non-academic behavior
- 16) A systematic approach to cooperative learning
- 17) Choice making opportunities for students
- 18) A formal procedure to develop function-based intervention
- 19) A systematic approach to data collection, graphing, and analysis for intervention plans
- 20) Behavior contracts
- 21) Group-oriented contingency management

- 22)Peer-assisted learning
- 23) Clear/rules expectations
- 24)Pre-correction instructional strategies
- 25)A program to transition students from preschool to elementary school, from elementary to middle, from middle to high, or from high to post secondary education and/or employment

Note: The survey also contained questions on the use of restraint and seclusion.