## In Virginia, a Healthy Harvest is All Around!

Sirloin Top Sirloin Short Rib Chuck
Bottom Loin Sirloin Plate

Flank Plate

Brisket

Flore Flank Plate

Brisket

Chuck 99%

of every beef cow is used for meat or other products.

About 90% of Virginia farms are owned and operated by individuals or families.

A dairy cow produces about 8 gallons of milk a day.

Virginia farmers harvest enough peanuts annually to make 600 million peanut butter sandwiches.

Approximately **70%** of Virginia

apples are sold for processing

cider.

and made into

popular products

such as applesauce,

apple juice, apple

butter, slices and

Virginia's most common aquaculture species include clams, oysters, tilapia and catfish.

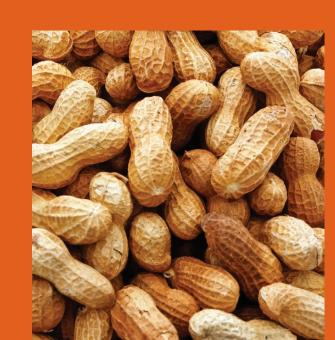
Did you know Virginia farmers also produce many other specialty crops such as mushrooms and fresh herbs?

Virginia is a leader in fresh market tomatoes, which are sold whole to stores.









Cattle

Virginia routinely ranks in the TOP 10 nationally for the following commodities: tomatoes, apples, grapes and peanuts.



Farmers produce approximately

5,000 pounds of food annually for each American family.



Over 375 school gardens in Virginia connect children to agriculture and provide opportunities for hands-on learning.





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