

Grade Code	Abdominal						Aerobic				
	Boys			Girls			Boys			Girls	
	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ
04	33287	28148	84.56	31787	26617	83.74	29716	21295	71.66	27869	23902
05	32904	27846	84.63	31462	26495	84.21	32922	24467	74.32	31525	26151
06	31510	27952	88.71	29496	25845	87.62	31549	22889	72.55	29471	24052
07	31538	28530	90.46	29759	26328	88.47	31356	21840	69.65	29538	23090
08	29776	26819	90.07	26894	24079	89.53	29839	21385	71.67	35096	19959
09	31378	28449	90.67	29066	26227	90.23	31476	22049	70.05	29094	19865
10	28774	26256	91.25	26404	23656	89.59	28529	18465	64.72	26604	16806
11	2983	2733	91.62	1054	892	84.63	2981	2084	69.91	1070	524
12	1530	1392	90.98	397	325	81.86	1526	929	60.88	464	259
Total	223680	198125	88.58	206319	180464	87.47	219894	155403	70.67	210731	154608

Virginia Department Of Education

State Summary Report for the School year 2016 - 2017

	Upper Body Strength						Flexibility					
	Boys			Girls			Boys			Girls		
% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ
85.77	33321	26170	78.54	31778	22992	72.35	33280	27316	82.08	31761	27850	87.69
82.95	32834	25393	77.34	31436	22888	72.81	32775	26648	81.31	31514	27265	86.52
81.61	31365	24351	77.64	29431	22540	76.59	31313	25408	81.14	29352	25358	86.39
78.17	31449	24188	76.91	29751	23189	77.94	31420	26013	82.79	29802	26246	88.07
56.87	29471	22622	76.76	26844	21256	79.18	29483	25029	84.89	26875	24050	89.49
68.28	31205	23627	75.72	28932	22822	78.88	34732	27316	78.65	30072	25208	83.83
63.17	28606	21279	74.39	26193	20622	78.73	28720	25547	88.95	26481	22491	84.93
48.97	2973	2382	80.12	1052	814	77.38	3017	2569	85.15	1078	896	83.12
55.82	1517	1178	77.65	406	291	71.67	1541	1303	84.56	420	310	73.81
73.37	222741	171190	76.86	205823	157414	76.48	226281	187149	82.71	207355	179674	86.65

Trunk Lift						Body Composition (Optional)					
Boys			Girls			Boys			Girls		
Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ	Tested	In HFZ	% HFZ
28766	24632	85.63	27391	24622	89.89	5251	3301	62.86	4984	3294	66.09
28079	23619	84.12	26878	23876	88.83	5155	3072	59.59	4994	3185	63.78
24937	21511	86.26	23383	21258	90.91	5264	3049	57.92	5024	3205	63.79
25090	21990	87.64	23742	21712	91.45	5433	3365	61.94	5178	3169	61.2
23816	21002	88.18	21313	19778	92.8	5029	3184	63.31	4758	2926	61.5
25406	22902	90.14	23592	21906	92.85	4738	2997	63.25	4447	2728	61.34
23566	21519	91.31	21545	19999	92.82	4142	2587	62.46	3695	2299	62.22
2561	2324	90.75	923	829	89.82	485	310	63.92	199	116	58.29
1243	1110	89.3	397	348	87.66	363	217	59.78	88	49	55.68
183464	160609	87.54	169164	154328	91.23	35860	22082	61.58	33367	20971	62.85