

TRAINING OPTIONS FOR INDIVIDUALS SEEKING INITIAL LICENSURE OR RENEWAL OF A LICENSE WITH AN ENDORSEMENT AS A SCHOOL COUNSELOR

TRAINING IN THE RECOGNITION OF MENTAL HEALTH DISORDER AND BEHAVIORAL DISTRESS, INCLUDING DEPRESSION, TRAUMA, VIOLENCE, YOUTH SUICIDE, AND SUBSTANCE ABUSE

OPTION 1: Face-to-Face Training					
Mental Health Disorder and Behavioral Distress Training Resources	Depression	Trauma	Violence	Youth Suicide	Substance Abuse
Mental Health First Aid Training : An eight hour face-to-face training scheduled throughout Virginia at different locations and times. Please access the link above, and contact the Virginia Tiered Systems of Support Research and Implementation Center for more information.	X	X	X	X	X

OPTION 2: Offered by Certain School Divisions					
Mental Health Disorder and Behavioral Distress Training Resources	Depression	Trauma	Violence	Youth Suicide	Substance Abuse
Kognito Simulation Training <i>At-Risk for PK-12 Educators</i> . This online training is offered only by certain school divisions. Please inquire whether the program is offered through your school division. Complete any one of the following: <i>At-Risk for Middle School</i> , <i>At-Risk for High School</i> , or <i>At-Risk for Elementary School</i> .	X	X	X	X	X

OPTION 3: Online Training					
<p>The following free online modules are categorized into the required areas of training (depression, trauma, violence, youth suicide, and substance abuse). An individual must have training that covers all five categories. For example, an individual could complete Trainings 1 and 3 (one session in each) to meet the statutory requirement since the combination of the two sessions meets all five categories.</p> <p>After completing a training session, a posttest is required. Upon successful completion, a certification of completion will be available that needs to be printed and submitted with a licensure request.</p>					
Mental Health Disorder and Behavioral Distress Training Resources	Depression	Trauma	Violence	Youth Suicide	Substance Abuse
1. The National Child Traumatic Stress Network (NCTSN) Learning Center for Child and Adolescent Trauma: The Role of Trauma Among Families Struggling with Substance Abuse . Complete any <u>one</u> session listed under this series.		X	X	X	X

(continued)	Depression	Trauma	Violence	Youth Suicide	Substance Abuse
Mental Health Disorder and Behavioral Distress Training Resources					
2. NCTSN Learning Center for Child and Adolescent Trauma: <i>Building Resiliency: Supporting Youth Affected by Trauma and Community Violence.</i> <i>Complete any one session listed under this series.</i>		X	X		
3. NCTSN Learning Center for Child and Adolescent Trauma: <i>Child Physical Abuse.</i> <i>Complete any one session listed under this series.</i>	X	X	X		
4. NCTSN Learning Center for Child and Adolescent Trauma: <i>Continuing Education Module: Child Sexual Abuse.</i> <i>Complete any one session listed under this series.</i>		X	X		
5. NCTSN Learning Center for Child and Adolescent Trauma: <i>Child Traumatic Grief.</i> <i>Complete any one session listed under this series.</i>	X	X	X		
6. NCTSN Learning Center for Child and Adolescent Trauma: <i>Schools and Trauma.</i> <i>Complete any one session listed under this series.</i>		X		X	
7. NCTSN Learning Center for Child and Adolescent Trauma: <i>Family Systems.</i> <i>Complete any one session listed under this series.</i>		X	X		
8. NCTSN Learning Center for Child and Adolescent Trauma: <i>Master Clinicians.</i> <i>Complete any one session listed under this series.</i>		X			
9. Society for the Prevention of Teen Suicide: SPTS 2016-17 National Version - Making Educators Partners in Youth Suicide Prevention: Act on FACTS	X			X	
10. Suicide Prevention Resource Center: Any self-paced online course from this site.				X	

OPTION 4: Initial Licensure Only

CACREP Accredited School Counselor Education Programs: Individuals who have graduated from a CACREP accredited state-approved school counseling program from a regionally accredited college or university since January 2016 will not be required to complete additional study to meet this requirement for initial licensure since the training is included in the approved school counselor program.