



COMMONWEALTH of VIRGINIA  
Department of Education

**DATE:** April 27, 2018  
**TO:** Division Superintendents  
**FROM:** Steven M. Constantino, Ed.D., Acting Superintendent of Public Instruction  
**SUBJECT:** **Virginia Health and Physical Activity Institute, July 8-11, 2018, James Madison University**

The Virginia Department of Education and the [Virginia Association of Health, Physical Education, Recreation and Dance](#) ➔, extend an invitation to all administrators and teachers to attend the [Healthy Kids, Healthy Virginia 2018 Health and Physical Activity Institute](#) ➔. The Institute will be held July 8-11, 2018, at James Madison University in Harrisonburg, Virginia.

The 2018 Institute provides opportunities for sharing effective teaching and learning practices that support the whole child approach to education, ensuring that each child is healthy, safe, engaged, supported, and challenged, with the goal of improving the health, educational performance, and long-term success for all students in Virginia's schools. The Institute will feature several nationally acclaimed educators, National and State Teachers of the Year, and a variety of engaging workshops and general sessions that focus on:

- improving teacher effectiveness and ensuring positive outcomes for all students;
- building teacher capacity and instructional expertise through [new and innovative teaching and learning practices](#) ➔ for the *Standards of Learning for Health Education, Physical Education, and Driver Education*; and
- gathering new ideas and strategies that support a well-rounded education through concurrent learning sessions that focus on nutrition education, alcohol and other drug education, social and emotional health, violence prevention and healthy relationships, safety and injury prevention, healthy environment, lifetime fitness activities, employee wellness, active recess, dance, life skills, and collaborative learning (e.g., adapted physical education, certified personal trainer credentialing, standards-based assessment, integrating technology, instruction).

In addition to the high-quality keynote and concurrent sessions, there are [several preconference workshops](#) ➔ that require early arrival on Saturday, July 7 or Sunday, July 8. These include Cardiopulmonary Resuscitation (CPR)/Automated External Defibrillator (AED) and First-Aid recertification and instructor trainer certification, teacher training for the National Academy of Sports Medicine (NASM) Certified Personal Trainer credential, Archery and Bike Smart Virginia certification, 21st century software for connected educators to effectively use fitness, assessment, behavior, brain/body boosts videos, and rubric and survey modules, and Teaching the Prevention of Dating Violence and other Violent Crimes Against Students workshops.

The [registration](#) ➔ and the [Call for Presenters form](#) ➔ are available online. If you need additional information about the 2018 Health and Physical Activity Institute, please contact Vanessa Wigand, Coordinator for Health, Physical, and Driver Education, Office of Science, Technology, Engineering, and Mathematics, by email at [Vanessa.Wigand@doe.virginia.gov](mailto:Vanessa.Wigand@doe.virginia.gov) ✉ or by telephone at (804) 225-3300; or Dr. Jacqueline Williams, Professor, James Madison University, by email at [williaja@jmu.edu](mailto:williaja@jmu.edu) ✉.

